

# North Pike School District

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 4/1/2019  Chicken Pieces in Honey BBQ Sauce Bacon Cheese Burger Macaroni and Cheese Baby Carrots w/ Dressing Lima Beans Fresh Fruit Bowl Assorted Fruit Juices Veg. Juice Variety Chocolate Milk	Tue - 4/2/2019  Mexican Pizza Buffalo Hot Wings Rolls, Enriched Flour MS13 Chef Salad Saltine Crackers Spicy Fries Green Peas Chocolate Pudding Fresh Fruit Bowl	Wed - 4/3/2019  Spicy Chicken Sandwich BBQ Rib Sandwich Chef Salad Saltine Crackers Crispy Sweet Potato Cubes Black-Eyed Peas Assorted Gelatins Fresh Fruit Bowl Assorted Fruit Juices	Thu - 4/4/2019  Sausage & Pancake on a Stick Sausage and Biscuit Hot Grits Cheese Omelet Hashbrown Potatoes Sliced Strawberries Veg. Juice Variety Assorted Fruit Juices Chocolate Milk	Fri - 4/5/2019  Chili Cheese over Chips Chicken Patty Sandwich Whole Kernel Corn Cheesy Broccoli Chocolate Chip Cookie Chilled Peaches Assorted Fruit Juices Chocolate Milk Fat Free Milk
Mon - 4/8/2019  BBQ Pulled Pork Burger Mandarin Chicken Stir Fried Rice Cucumber Sticks W/Dip Crispy Sweet Potato Cubes Baked Beans Fruit Crisp Fresh Fruit Bowl Assorted Fruit Juices	Tue - 4/9/2019  Stuffed Crust Pizza Chicken Tenders Chef Salad Saltine Crackers Yeast Roll Macaroni and Cheese Spicy Fries Green Peas Brownies	Wed - 4/10/2019  Boneless Buffalo Hot Wings Taco Soup Tortilla Chips - plain Baby Carrots w/ Dressing Crinkle Cut Fries Black-Eyed Peas Hot Cinnamon Apples Fresh Fruit Bowl Assorted Fruit Juices	Thu - 4/11/2019  Cheesy Chicken Over/Rice Yeast Roll Cheeseburger Chef Salad Saltine Crackers Crispy Sweet Potato Cubes Lima Beans Cucumber Sticks W/Dip Fresh Fruit Bowl	Fri - 4/12/2019  Grilled Chicken Sandwich Chili Dog Baked Beans Cheesy Broccoli Tater Tots Fresh Fruit Bowl Chocolate Pudding Assorted Fruit Juices Chocolate Milk
Mon - 4/15/2019  BBQ Pulled Pork Burger Mandarin Chicken Stir Fried Rice Yeast Roll Cucumber Sticks W/Dip Crispy Sweet Potato Cubes Baked Beans Hot Cinnamon Apples Fresh Fruit Bowl	Tue - 4/16/2019  Turkey and Dressing Stuffed Crust Pizza Cranberry Sauce Yeast Roll Green Peas Sweet Potato Casserole Fruit Crisp Fresh Fruit Bowl Assorted Fruit Juices	Wed - 4/17/2019  Cheesy Breadsticks/Chili Bacon Cheese Burger Chef Salad Saltine Crackers Cheesy Broccoli Green Peas Glazed Carrots Fruit Crisp Fresh Fruit Bowl	Thu - 4/18/2019  MANAGERS CHOICE	Fri - 4/19/2019
Mon - 4/22/2019	Tue - 4/23/2019  MANAGERS CHOICE	Wed - 4/24/2019  Huntington Chicken BBQ Rib Sandwich Chef Salad Saltine Crackers Yeast Roll Oven Baked Potato Wedge Cheesy Broccoli Fresh Fruit Bowl Chocolate Pudding	Thu - 4/25/2019  Meatballs in Marinara Sauce on Hoagie Bun Cheesy Garlic French Bread with Marinara Chef Salad Saltine Crackers Baby Carrots w/ Dressing Crinkle Cut Fries Green Peas Fresh Fruit Bowl Assorted Fruit Juices	Fri - 4/26/2019  Corn Dog Chicken Tenders Chef Salad Saltine Crackers Yeast Roll Whole Kernel Corn Quick Baked Potato Lima Beans Assorted Gelatins with Whipped Topping

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# North Pike School District

NPSD 9-12

Apr 2, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 4/29/2019 Cheeseburger Buffalo Hot Wings Green Beans Crispy Sweet Potato Cubes Fruit Crisp Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Tue - 4/30/2019 Stuffed Crust Pizza Grilled Fajita Salad Chicken Patty Sandwich Baked Beans Glazed Carrots Whole Kernel Corn Sliced Strawberries Assorted Fruit Juices Chocolate Milk	Wed - 5/1/2019 Huntington Chicken BBQ Rib Sandwich Chef Salad Saltine Crackers Yeast Roll Oven Baked Potato Wedge Cheesy Broccoli Fresh Fruit Bowl Chocolate Pudding	Thu - 5/2/2019 Meatballs in Marinara Sauce on Hoagie Bun Cheesy Garlic French Bread with Marinara Chef Salad Saltine Crackers Baby Carrots w/ Dressing Crinkle Cut Fries Green Peas Fresh Fruit Bowl Assorted Fruit Juices	Fri - 5/3/2019 Corn Dog Chicken Tenders Chef Salad Saltine Crackers Yeast Roll Whole Kernel Corn Quick Baked Potato Lima Beans Assorted Gelatins with Whipped Topping
Mon - 5/6/2019 Chicken Pieces in Honey BBQ Sauce Bacon Cheese Burger Macaroni and Cheese Baby Carrots w/ Dressing Lima Beans Fresh Fruit Bowl Assorted Fruit Juices Veg. Juice Variety Chocolate Milk	Tue - 5/7/2019 Mexican Pizza Buffalo Hot Wings Rolls, Enriched Flour MS13 Chef Salad Saltine Crackers Spicy Fries Green Peas Chocolate Pudding Fresh Fruit Bowl	Wed - 5/8/2019 Spicy Chicken Sandwich BBQ Rib Sandwich Chef Salad Saltine Crackers Crispy Sweet Potato Cubes Black-Eyed Peas Assorted Gelatins Fresh Fruit Bowl Assorted Fruit Juices	Thu - 5/9/2019 Sausage & Pancake on a Stick Sausage and Biscuit Hot Grits Cheese Omelet Hashbrown Potatoes Sliced Strawberries Veg. Juice Variety Assorted Fruit Juices Chocolate Milk	Fri - 5/10/2019 Chili Cheese over Chips Chicken Patty Sandwich Whole Kernel Corn Cheesy Broccoli Choclate Chip Cookie Chilled Peaches Assorted Fruit Juices Chocolate Milk Fat Free Milk
Mon - 5/13/2019 MANAGERS CHOICE	Tue - 5/14/2019 MANAGERS CHOICE	Wed - 5/15/2019 MANAGERS CHOICE	Thu - 5/16/2019 MANAGERS CHOICE	Fri - 5/17/2019 sack Lunch

Milk, Juice & Fruit variety served daily

This menu is subject to change depending on availability of ingredients and special functions that require a menu change

This institution is an equal opportunity provider

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	610*	750-850	81%	Sugars	42.68* g	27.98%	
Cholesterol	54* mg			Protein	25.22* g	16.54%	
Sodium	1126* mg	1420		Carbohyd	87.73* g	57.52%	
Fiber	5.41* g			Tot. Fat	18.47* g	27.25%	<=30.0%
Iron	2.96* mg			Sat. Fat	5.65* g	8.33%	<10.00%
Calcium	351.78* mg						
Vitamin A	1511* IU						
Vitamin C	41.96* mg						

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