

# North Pike School District

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 4/2/2018  TRANSFORMER TENDERS Chicken Tenders Yeast Roll BBQ Pulled Pork Burger Parsley Buttered New Potatoes Baked Beans Creamy Coleslaw Fresh Fruit Bowl Assorted Fruit Juices	Tue - 4/3/2018  Macaroni & Cheese with Ham Slice Personal Pan Pizza Chef Salad Saltine Crackers Cheesy Broccoli Whole Kernel Corn Chocolate Chip Cookie Fresh Orange Smiles Fresh Fruit Bowl	Wed - 4/4/2018  I'M STUFFED! Loaded Chicken Fajita Baked Potato Cheesy Breadsticks Whole Wheat Garlic Toas Chef Salad Saltine Crackers Glazed Carrots Seasoned Green Beans Tossed Salad w/ Dressing	Thu - 4/5/2018  SMILE - SAY CHEESE! Cheesy Chicken Over/Ric Yeast Roll Hamburger w/ Trimming Chef Salad Saltine Crackers Crispy Sweet Potato Cubes Lima Beans Blushing Chilled Pears	Fri - 4/6/2018  CAPTAIN CORN CHIP! Chili Cheese over Chips Chicken Patty Sandwich Tater Tots Seasoned Green Beans Tomatoes with Dip Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk
Mon - 4/9/2018  GALAXY OF CHICKEN Chicken Pieces in Honey BBQ Sauce Bacon Cheese Burger Crinkle Cut Fries Croissant Seasoned Green Beans Glazed Carrots Fresh Fruit Bowl Assorted Fruit Juices	Tue - 4/10/2018  PIZZA POWER! Red Beans and Rice with Sausage Stuffed Crust Pizza Chef Salad Saltine Crackers Cheesy Broccoli Lima Beans Assorted Puddings Fresh Fruit Bowl	Wed - 4/11/2018  TEXT..."MEX" Beefy Nachos Grande Chili/Cheese Quesadilla Chef Salad Saltine Crackers Whole Kernel Corn Refried Beans Fresh Oranges Assorted Fruit Juices	Thu - 4/12/2018  OODLES OF NOODLES! Spaghetti & Meat Sauce Chicken Patty Sandwich Chicken Salad w/Cr Whole Wheat Garlic Toas Green Peas Crispy Sweet Potato Cubes Fresh Fruit Bowl Assorted Fruit Juices	Fri - 4/13/2018  NO CHOPSTICKS! Mandarin Chicken Beef Steak Burger Fiesta Rice Baked Beans Seasoned Cabbage Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk
Mon - 4/16/2018  PIGGY POETRY! BBQ Pulled Pork Burger Bacon Beef Steak Burger Oven Baked Potato Wed Seasoned Green Beans Glazed Carrots Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Tue - 4/17/2018  HOT DIGGITY DOG! Mini Hot Dogs Stuffed Crust Pizza Chef Salad Saltine Crackers Cheesy Broccoli Pasta with Italian Red Sauce Whole Kernel Corn Chocolate Chip Cookie	Wed - 4/18/2018  TRANSFORMER TENDERS Chicken Tenders Yeast Roll Cheeseburger Baked Potato with Margarine Baked Beans Creamy Coleslaw Fresh Fruit Bowl Assorted Fruit Juices	Thu - 4/19/2018  BREAKFAST BRIGADE! Sausage & Pancake on a Stick Sausage and Biscuit Hot Grits Cheese Omelet Hashbrown Potatoes Assorted Vegetable Juice Fresh Fruit Bowl Chocolate Milk	Fri - 4/20/2018  I'M STUFFED! Beef Ravioli Cheesy Breadsticks Whole Wheat Garlic Toas Chef Salad Saltine Crackers Glazed Carrots Seasoned Green Beans Tossed Salad w/ Dressing
Mon - 4/23/2018  WING IT! Chicken Nuggets Buffalo Hot Wings Ham and Cheese on Bun Croissant Seasoned Lima Beans Tossed Salad w/ Dressing Crispy Sweet Potato Cubes Fresh Fruit Bowl	Tue - 4/24/2018  I'M STUFFED! Huntington Chicken Whole Wheat Garlic Toas Stuffed Crust Pizza Chef Salad Saltine Crackers Seasoned Green Beans Cucumber Sticks W/Dip Assorted Puddings	Wed - 4/25/2018  SUPER SANDWICH! Corn Dog Hamburger w/ Trimming Chef Salad Saltine Crackers Crinkle Cut Fries Cheesy Broccoli Fruit Cocktail Fresh Fruit Bowl	Thu - 4/26/2018  LIL' BIT COUNTRY! Hamburger Steak w/ Gra Country Fried Steak Sandwich Yeast Roll Chicken Salad w/Cr Mashed Potatoes Black-Eyed Peas Glazed Carrots Fresh Fruit Bowl	Fri - 4/27/2018  TEXT..."MEX" Fajita Nachos Chili/Cheese Quesadilla Refried Beans Whole Kernel Corn Brownies Sliced Strawberries Assorted Fruit Juices Chocolate Milk

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# North Pike School District

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 4/30/2018  TRANSFORMER TENDERS Chicken Tenders Yeast Roll BBQ Pulled Pork Burger Parsley Buttered New Potatoes Baked Beans Creamy Coleslaw Fresh Fruit Bowl Assorted Fruit Juices	Tue - 5/1/2018  Macaroni & Cheese with Ham Slice Personal Pan Pizza Chef Salad Saltine Crackers Cheesy Broccoli Whole Kernel Corn Chocolate Chip Cookie Fresh Orange Smiles Fresh Fruit Bowl	Wed - 5/2/2018  I'M STUFFED! Loaded Chicken Fajita Baked Potato Cheesy Breadsticks Whole Wheat Garlic Toas Chef Salad Saltine Crackers Glazed Carrots Seasoned Green Beans Tossed Salad w/ Dressing	Thu - 5/3/2018  SMILE - SAY CHEESE! Cheesy Chicken Over/Ric Yeast Roll Hamburger w/ Trimming Chef Salad Saltine Crackers Crispy Sweet Potato Cubes Lima Beans Blushing Chilled Pears	Fri - 5/4/2018  CAPTAIN CORN CHIP! Chili Cheese over Chips Chicken Patty Sandwich Tater Tots Seasoned Green Beans Tomatoes with Dip Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk
Mon - 5/7/2018  GALAXY OF CHICKEN Chicken Pieces in Honey BBQ Sauce Bacon Cheese Burger Crinkle Cut Fries Croissant Seasoned Green Beans Glazed Carrots Fresh Fruit Bowl Assorted Fruit Juices	Tue - 5/8/2018  HOT DIGGITY DOG! Mini Hot Dogs Stuffed Crust Pizza Chef Salad Saltine Crackers Cheesy Broccoli Pasta with Italian Red Sauce Whole Kernel Corn Chocolate Chip Cookie	Wed - 5/9/2018  NO CHOPSTICKS! Mandarin Chicken Beef Steak Burger Fiesta Rice Baked Beans Seasoned Cabbage Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Thu - 5/10/2018  BREAKFAST BRIGADE! Sausage & Pancake on a Stick Sausage and Biscuit Hot Grits Cheese Omelet Hashbrown Potatoes Assorted Vegetable Juice Fresh Fruit Bowl Chocolate Milk	Fri - 5/11/2018  MANAGERS CHOICE
Mon - 5/14/2018  MANAGERS CHOICE	Tue - 5/15/2018  MANAGERS CHOICE	Wed - 5/16/2018  MANAGERS CHOICE	Thu - 5/17/2018  MANAGERS CHOICE	Fri - 5/18/2018  sack Lunch

Milk, Juice & Fruit variety served daily

This menu is subject to change depending on availability of ingredients and special functions that require a menu change

This institution is an equal opportunity provider

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	521*	600-650	87%	Sugars	31.85* g	24.47%	
Cholesterol	52* mg			Protein	22.74* g	17.47%	
Sodium	994* mg	1230		Carbohyd	70.91* g	54.49%	
Fiber	4.86* g			Tot. Fat	16.60* g	28.70%	<=30.0%
Iron	2.65* mg			Sat. Fat	5.28* g	9.12%	<10.00%
Calcium	319.92* mg						
Vitamin A	1319* IU						
Vitamin C	36.82* mg						

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

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