

# North Pike School District

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 4/2/2018  Beef Steak Cheese Burge Chili/Cheese Quesadilla Green Beans Crispy Sweet Potato Cubes Fruit Crisp Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Tue - 4/3/2018  Stuffed Crust Pizza Chicken Salad w/Cr Loaded Chicken Fajita Baked Potato Baked Beans Glazed Carrots Whole Kernel Corn Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Wed - 4/4/2018  Huntington Chicken BBQ Pulled Pork Burger Chef Salad Saltine Crackers Oven Baked Potato Wed Cheesy Broccoli Fresh Fruit Bowl Chocolate Pudding Assorted Fruit Juices	Thu - 4/5/2018  Meatballs in Marinara Sauce on Hoagie Bun Cheesy Garlic French Bread with Marinara Chef Salad Saltine Crackers Baby Carrots w/ Dressing Crinkle Cut Fries Green Peas Fresh Fruit Bowl Assorted Fruit Juices	Fri - 4/6/2018  Corn Dog Chicken Tenders Chef Salad Saltine Crackers Yeast Roll Macaroni and Cheese Baked Potato with Margarine Green Peas Brownies
Mon - 4/9/2018  Chicken Pieces in Honey BBQ Sauce Cheeseburger Whole Wheat Garlic Toas Macaroni and Cheese Baby Carrots w/ Dressing Lima Beans Chocolate Pudding Fresh Fruit Bowl Assorted Fruit Juices	Tue - 4/10/2018  Mexican Pizza Chili Dog Chef Salad Saltine Crackers Spicy Fries Green Peas Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Wed - 4/11/2018  Chili Cheese over Chips Chicken Patty Sandwich Chef Salad Saltine Crackers Whole Kernel Corn Cheesy Broccoli Brownies Fresh Fruit Bowl Assorted Fruit Juices	Thu - 4/12/2018  Red Beans and Rice with Sausage BBQ Rib Sandwich Chef Salad Saltine Crackers Cornbread Mashed Potatoes Southern Turnip Greens Black-Eyed Peas Fresh Fruit Bowl	Fri - 4/13/2018  Baked Pork Chop Mandarin Chicken Stir Fried Rice Yeast Roll Cucumber Sticks W/Dip Crispy Sweet Potato Cubes Seasoned Green Beans Fruit Crisp Fresh Fruit Bowl
Mon - 4/16/2018  Beefy Nachos Grande Ham & Cheese on Hoagie Tater Tots Lima Beans Tossed Salad w/ Dressing Assorted Gelatins Chilled Peaches Fresh Fruit Bowl Assorted Fruit Juices	Tue - 4/17/2018  Stuffed Crust Pizza Beef Steak Burger Chef Salad Saltine Crackers Cheesy Broccoli Seasoned Green Beans Choclote Chip Cookie Fresh Fruit Bowl Assorted Fruit Juices	Wed - 4/18/2018  Hamburger Steak w/ Gra BBQ Rib Sandwich Chef Salad Saltine Crackers Yeast Roll Quick Baked Potato Baked Beans Seasoned Cabbage Fresh Fruit Bowl	Thu - 4/19/2018  Sausage & Pancake on a Stick Sausage and Biscuit Hot Grits Cheese Omelet Hashbrown Potatoes Hot Cinnamon Apples Sliced Strawberries Veg. Juice Variety Assorted Fruit Juices	Fri - 4/20/2018  Spaghetti & Meat Sauce Bacon Cheese Burger Chef Salad Saltine Crackers Yeast Roll Cheesy Broccoli Green Peas Glazed Carrots Fruit Crisp
Mon - 4/23/2018  Meatballs in Marinara Sauce on Hoagie Bun Cheeseburger Baby Carrots w/ Dressing Crinkle Cut Fries Black-Eyed Peas Fresh Fruit Bowl Assorted Fruit Juices Veg. Juice Variety Chocolate Milk	Tue - 4/24/2018  Stuffed Crust Pizza Chicken Tenders Chef Salad Saltine Crackers Yeast Roll Macaroni and Cheese Spicy Fries Green Peas Brownies	Wed - 4/25/2018  Cheesy Garlic French Bread with Marinara Chili/Cheese Quesadilla Chef Salad Saltine Crackers Whole Kernel Corn Green Beans Tossed Salad w/ Dressing Assorted Gelatins with Whipped Topping Fresh Fruit Bowl	Thu - 4/26/2018  Cheesy Chicken Over/Ric Yeast Roll Hot Dog Chef Salad Saltine Crackers Crispy Sweet Potato Cubes Lima Beans Cucumber Sticks W/Dip Fresh Fruit Bowl	Fri - 4/27/2018  Spicy Chicken Sandwich Fajita Nachos Baked Beans Cheesy Broccoli Tater Tots Fresh Fruit Bowl Chocolate Pudding Assorted Fruit Juices Chocolate Milk

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# North Pike School District

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 4/30/2018 Beef Steak Cheese Burge Chili/Cheese Quesadilla Green Beans Crispy Sweet Potato Cubes Fruit Crisp Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Tue - 5/1/2018 Stuffed Crust Pizza Chicken Salad w/Cr Loaded Chicken Fajita Baked Potato Baked Beans Glazed Carrots Whole Kernel Corn Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Wed - 5/2/2018 Huntington Chicken BBQ Pulled Pork Burger Chef Salad Saltine Crackers Oven Baked Potato Wed Cheesy Broccoli Fresh Fruit Bowl Chocolate Pudding Assorted Fruit Juices	Thu - 5/3/2018 Meatballs in Marinara Sauce on Hoagie Bun Cheesy Garlic French Bread with Marinara Chef Salad Saltine Crackers Baby Carrots w/ Dressing Crinkle Cut Fries Green Peas Fresh Fruit Bowl Assorted Fruit Juices	Fri - 5/4/2018 Corn Dog Chicken Tenders Chef Salad Saltine Crackers Yeast Roll Macaroni and Cheese Baked Potato with Margarine Green Peas Brownies
Mon - 5/7/2018 Chicken Pieces in Honey BBQ Sauce Cheeseburger Whole Wheat Garlic Toas Macaroni and Cheese Baby Carrots w/ Dressing Lima Beans Chocolate Pudding Fresh Fruit Bowl Assorted Fruit Juices	Tue - 5/8/2018 Mexican Pizza Chili Dog Chef Salad Saltine Crackers Spicy Fries Green Peas Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Wed - 5/9/2018 Red Beans and Rice with Sausage BBQ Rib Sandwich Chef Salad Saltine Crackers Cornbread Mashed Potatoes Southern Turnip Greens Black-Eyed Peas Fresh Fruit Bowl	Thu - 5/10/2018 Sausage & Pancake on a Stick Sausage and Biscuit Hot Grits Cheese Omelet Hashbrown Potatoes Hot Cinnamon Apples Sliced Strawberries Veg. Juice Variety Assorted Fruit Juices	Fri - 5/11/2018 MANAGERS CHOICE
Mon - 5/14/2018 MANAGERS CHOICE	Tue - 5/15/2018 MANAGERS CHOICE	Wed - 5/16/2018 MANAGERS CHOICE	Thu - 5/17/2018 MANAGERS CHOICE	Fri - 5/18/2018 sack Lunch

Milk, Juice & Fruit variety served daily

This menu is subject to change depending on availability of ingredients and special functions that require a menu change

This institution is an equal opportunity provider

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	631*	750-850	84%	Sugars	42.51* g	26.95%	
Cholesterol	54* mg			Protein	25.21* g	15.98%	
Sodium	1158* mg	1420		Carbohyd	89.86* g	56.96%	
Fiber	5.94* g			Tot. Fat	19.72* g	28.12%	<=30.0%
Iron	3.18* mg			Sat. Fat	6.20* g	8.85%	<10.00%
Calcium	389.50* mg						
Vitamin A	1439* IU						
Vitamin C	41.10* mg						

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**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

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