

# North Pike School District

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 4/1/2019  Chicken Pieces in Honey BBQ Sauce Turkey & Cheese on Ciabatta Bread Cheesy Macaroni Seasoned Green Beans Glazed Carrots Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Tue - 4/2/2019  Stuffed Crust Pizza Bacon Cheese Burger Chef Salad Saltine Crackers Refried Beans Whole Kernel Corn Sliced Strawberries Assorted Fruit Juices Chocolate Milk	Wed - 4/3/2019  Beef Ravioli Chicken Patty Sandwich Whole Wheat Garlic Toast Crinkle Cut Fries Chicken Salad on Ciabatta Bread Seasoned Green Beans Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Thu - 4/4/2019  BREAKFAST BRIGADE! Sausage & Pancake on a Stick Sausage and Biscuit Hot Grits Cheese Omelet Hashbrown Potatoes Assorted Vegetable Juice Fresh Fruit Bowl Chocolate Milk	Fri - 4/5/2019  Chili Cheese over Chips Hamburger w/ Trimmings Crispy Sweet Potato Cubes Whole Kernel Corn Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk
Mon - 4/8/2019  BBQ Chicken Sandwich Bacon Cheese Burger Crinkle Cut Fries Seasoned Green Beans Glazed Carrots Assorted Gelatins Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Tue - 4/9/2019  Pepperoni Pizza Wedge Cheesy Garlic French Bread with Marinara Chef Salad Saltine Crackers Whole Kernel Corn Refried Beans Hot Cinnamon Apples Assorted Fruit Juices Chocolate Milk	Wed - 4/10/2019  Corn Dog Hamburger w/ Trimmings Chef Salad Saltine Crackers Tater Tots Cheesy Broccoli Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Thu - 4/11/2019  Turkey and Dressing Cranberry Sauce Chicken Nuggets Yeast Roll Green Peas Sweet Potato Casserole Fruit Crisp Assorted Fruit Juices Chocolate Milk	Fri - 4/12/2019  Mandarin Chicken Hamburger w/ Trimmings Fiesta Rice Baked Beans Seasoned Cabbage Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk
Mon - 4/15/2019  Chicken Tenders Yeast Roll BBQ Pulled Pork Burger Tater Tots Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk	Tue - 4/16/2019  Beef Taco with Soft Shell Pepperoni Pizza Wedge Chef Salad Saltine Crackers Pasta with Italian Red Sauce Refried Beans Chilled Peaches Assorted Vegetable Juice Chocolate Milk	Wed - 4/17/2019  Chicken Egg Roll Fiesta Rice Grilled Cheese Sandwich Chef Salad Saltine Crackers Baby Carrots Ranch Salad Dressing Cucumber Sticks W/Dip Chocolate Chip Cookie	Thu - 4/18/2019  MANAGERS CHOICE	Fri - 4/19/2019
Mon - 4/22/2019	Tue - 4/23/2019  MANAGERS CHOICE	Wed - 4/24/2019  Hamburger Steak w/ Grav Fish Nuggets Yeast Roll Chef Salad Saltine Crackers Mashed Potatoes Southern Turnip Greens Lima Beans Assorted Puddings	Thu - 4/25/2019  Chicken and Sausage Jambalaya Croissant BBQ Pulled Pork Burger Chicken Salad w/Cr Oven Baked Potato Wedge Black-Eyed Peas Glazed Carrots Chilled Peaches Assorted Fruit Juices	Fri - 4/26/2019  Chili Cheese over Chips Bacon Cheese Burger Crispy Sweet Potato Cubes Whole Kernel Corn Fresh Fruit Bowl Assorted Fruit Juices Sugar Cookie Chocolate Milk Fat Free Milk
Mon - 4/29/2019  Chicken Pieces in Honey BBQ Sauce Turkey & Cheese on Ciabatta Bread Cheesy Macaroni Seasoned Green Beans Glazed Carrots Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Tue - 4/30/2019  Stuffed Crust Pizza Cheeseburger Chef Salad Saltine Crackers Refried Beans Whole Kernel Corn Sliced Strawberries Assorted Fruit Juices Chocolate Milk	Wed - 5/1/2019  Beef Taco with Soft Shell Pepperoni Pizza Wedge Chef Salad Saltine Crackers Pasta with Italian Red Sauce Whole Kernel Corn Refried Beans Fresh Orange Smiles Assorted Vegetable Juice	Thu - 5/2/2019  BREAKFAST BRIGADE! Sausage & Pancake on a Stick Sausage and Biscuit Hot Grits Cheese Omelet Hashbrown Potatoes Assorted Vegetable Juice Fresh Fruit Bowl Chocolate Milk	Fri - 5/3/2019  Spaghetti & Meat Sauce Chicken Patty Sandwich Whole Wheat Garlic Toast Green Peas Yam Patties Fruit Crisp Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 5/6/2019  Chicken with Alfredo Sauce Bacon Cheese Burger Crinkle Cut Fries Croissant Seasoned Green Beans Glazed Carrots Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Tue - 5/7/2019  Beefy Nachos Grande Cheesy Garlic French Bread with Marinara Chef Salad Saltine Crackers Whole Kernel Corn Refried Beans Hot Cinnamon Apples Assorted Fruit Juices Chocolate Milk	Wed - 5/8/2019  Cheesy Breadsticks Chicken Nuggets Croissant Tater Tots Cheesy Broccoli Assorted Puddings Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Thu - 5/9/2019  Cheesy Chicken Over/Rice Yeast Roll Hamburger w/ Trimmings Chef Salad Saltine Crackers Crispy Sweet Potato Cubes Lima Beans Chilled Peaches Assorted Fruit Juices	Fri - 5/10/2019  Mandarin Chicken Hamburger w/ Trimmings Fiesta Rice Baked Beans Seasoned Cabbage Chocolate Chip Cookie Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk
Mon - 5/13/2019  MANAGERS CHOICE	Tue - 5/14/2019  MANAGERS CHOICE	Wed - 5/15/2019  MANAGERS CHOICE	Thu - 5/16/2019  MANAGERS CHOICE	Fri - 5/17/2019  sack Lunch

Milk, Juice & Fruit variety served daily

This menu is subject to change depending on availability of ingredients and special functions that require a menu change

This institution is an equal opportunity provider

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	493*	600-650	82%	Sugars	31.47* g	25.54%	
Cholesterol	45* mg			Protein	21.35* g	17.33%	
Sodium	949* mg	1230		Carbohyd	67.81* g	55.04%	
Fiber	4.32* g			Tot. Fat	15.49* g	28.29%	<=30.0%
Iron	2.63* mg			Sat. Fat	5.07* g	9.26%	<10.00%
Calcium	297.37* mg						
Vitamin A	1343* IU						
Vitamin C	35.19* mg						

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

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