

# North Pike School District

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 2/4/2019  Chicken Pieces in Honey BBQ Sauce Bacon Cheese Burger Macaroni and Cheese Baby Carrots w/ Dressing Lima Beans Fresh Fruit Bowl Assorted Fruit Juices Veg. Juice Variety Chocolate Milk	Tue - 2/5/2019  Mexican Pizza Buffalo Hot Wings Rolls, Enriched Flour MS13 Chef Salad Saltine Crackers Spicy Fries Green Peas Chocolate Pudding Fresh Fruit Bowl	Wed - 2/6/2019  Spicy Chicken Sandwich BBQ Rib Sandwich Chef Salad Saltine Crackers Crispy Sweet Potato Cubes Black-Eyed Peas Assorted Gelatins Fresh Fruit Bowl Assorted Fruit Juices	Thu - 2/7/2019  Sausage & Pancake on a Stick Sausage and Biscuit Hot Grits Cheese Omelet Hashbrown Potatoes Sliced Strawberries Veg. Juice Variety Assorted Fruit Juices Chocolate Milk	Fri - 2/8/2019  Chili Cheese over Chips Chicken Patty Sandwich Whole Kernel Corn Cheesy Broccoli Chocolate Chip Cookie Chilled Peaches Assorted Fruit Juices Chocolate Milk Fat Free Milk
Mon - 2/11/2019  BBQ Pulled Pork Burger Mandarin Chicken Stir Fried Rice Cucumber Sticks W/Dip Crispy Sweet Potato Cubes Baked Beans Fruit Crisp Fresh Fruit Bowl Assorted Fruit Juices	Tue - 2/12/2019  Stuffed Crust Pizza Chicken Tenders Chef Salad Saltine Crackers Yeast Roll Macaroni and Cheese Spicy Fries Green Peas Brownies	Wed - 2/13/2019  Boneless Buffalo Hot Wings Taco Soup Tortilla Chips - plain Baby Carrots w/ Dressing Crinkle Cut Fries Black-Eyed Peas Hot Cinnamon Apples Fresh Fruit Bowl Assorted Fruit Juices	Thu - 2/14/2019  Cheesy Chicken Over/Rice Yeast Roll Cheeseburger Chef Salad Saltine Crackers Crispy Sweet Potato Cubes Lima Beans Cucumber Sticks W/Dip Fresh Fruit Bowl	Fri - 2/15/2019  Grilled Chicken Sandwich Chili Dog Baked Beans Cheesy Broccoli Tater Tots Fresh Fruit Bowl Chocolate Pudding Assorted Fruit Juices Chocolate Milk
Mon - 2/18/2019  BBQ Pulled Pork Burger Mandarin Chicken Stir Fried Rice Yeast Roll Cucumber Sticks W/Dip Crispy Sweet Potato Cubes Baked Beans Hot Cinnamon Apples Fresh Fruit Bowl	Tue - 2/19/2019  Stuffed Crust Pizza Beef Steak Burger Grilled Fajita Salad Cheesy Broccoli Seasoned Green Beans Chocolate Chip Cookie Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Wed - 2/20/2019  Cheesy Breadsticks/Chili Bacon Cheese Burger Chef Salad Saltine Crackers Cheesy Broccoli Green Peas Glazed Carrots Fruit Crisp Fresh Fruit Bowl	Thu - 2/21/2019  Sausage & Pancake on a Stick Sausage and Biscuit Hot Grits Cheese Omelet Hashbrown Potatoes Hot Cinnamon Apples Chilled Peaches Veg. Juice Variety Assorted Fruit Juices	Fri - 2/22/2019  Beefy Nachos Grande Ham and Turkey on Ciabatta Bread Tater Tots Refried Beans Tossed Salad w/ Dressing Assorted Gelatins Fruit Cocktail Fresh Fruit Bowl Assorted Fruit Juices
Mon - 2/25/2019  Cheeseburger Buffalo Hot Wings Green Beans Crispy Sweet Potato Cubes Fruit Crisp Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Tue - 2/26/2019  Stuffed Crust Pizza Grilled Fajita Salad Chicken Patty Sandwich Baked Beans Glazed Carrots Whole Kernel Corn Sliced Strawberries Assorted Fruit Juices Chocolate Milk	Wed - 2/27/2019  Huntington Chicken BBQ Rib Sandwich Chef Salad Saltine Crackers Yeast Roll Oven Baked Potato Wedge Cheesy Broccoli Fresh Fruit Bowl Chocolate Pudding	Thu - 2/28/2019  Meatballs in Marinara Sauce on Hoagie Bun Cheesy Garlic French Bread with Marinara Chef Salad Saltine Crackers Baby Carrots w/ Dressing Crinkle Cut Fries Green Peas Fresh Fruit Bowl Assorted Fruit Juices	Fri - 3/1/2019  Corn Dog Chicken Tenders Chef Salad Saltine Crackers Yeast Roll Whole Kernel Corn Quick Baked Potato Lima Beans Assorted Gelatins with Whipped Topping

Milk, Juice & Fruit variety served daily

This menu is subject to change depending on availability of ingredients and special functions that require a menu change

This institution is an equal opportunity provider

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# North Pike School District

NPSD 9-12

	Monday	Tuesday	Wednesday	Thursday	Friday	
	Average	Weekly Target	% of Target	Average	% of Calories	Weekly Target
Calories	771	750-850	100%	Sugars	54.07* g	28.07%
Cholesterol	71 mg			Protein	31.63 g	16.42%
Sodium	1403 mg	1420		Carbohyd	109.78 g	56.99%
Fiber	6.85 g			Tot. Fat	23.73 g	27.72%
Iron	3.64* mg			Sat. Fat	7.48 g	8.74%
Calcium	446.14* mg					<=30.0%
Vitamin A	1830* IU					<10.00%
Vitamin C	53.34* mg					

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