

# North Pike School District

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 3/4/2019 Chicken Pieces in Honey BBQ Sauce Turkey & Cheese on Ciabatta Bread Cheesy Macaroni Seasoned Green Beans Glazed Carrots Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Tue - 3/5/2019 Stuffed Crust Pizza Bacon Cheese Burger Chef Salad Saltine Crackers Refried Beans Whole Kernel Corn Sliced Strawberries Assorted Fruit Juices Chocolate Milk	Wed - 3/6/2019 Beef Ravioli Chicken Patty Sandwich Whole Wheat Garlic Toast Crinkle Cut Fries Chicken Salad on Ciabatta Bread Seasoned Green Beans Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Thu - 3/7/2019 BREAKFAST BRIGADE! Sausage & Pancake on a Stick Sausage and Biscuit Hot Grits Cheese Omelet Hashbrown Potatoes Assorted Vegetable Juice Fresh Fruit Bowl Chocolate Milk	Fri - 3/8/2019 Chili Cheese over Chips Hamburger w/ Trimmings Crispy Sweet Potato Cubes Whole Kernel Corn Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk
Mon - 3/11/2019 Mon - 3/18/2019 Grilled Chicken Sandwich Bacon Cheese Burger Crinkle Cut Fries Seasoned Green Beans Glazed Carrots Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Tue - 3/12/2019 Tue - 3/19/2019 Beefy Nachos Grande Cheesy Garlic French Bread with Marinara Chef Salad Saltine Crackers Whole Kernel Corn Refried Beans Hot Cinnamon Apples Assorted Fruit Juices Chocolate Milk	Wed - 3/13/2019 Wed - 3/20/2019 Hamburger Steak w/ Grav Fish Nuggets Yeast Roll Chef Salad Saltine Crackers Mashed Potatoes Southern Turnip Greens Lima Beans Assorted Puddings	Thu - 3/14/2019 Thu - 3/21/2019 Spaghetti & Meat Sauce Chicken Patty Sandwich Chicken Salad w/Cr Whole Wheat Garlic Toast Green Peas Yam Patties Fruit Crisp Fresh Fruit Bowl Assorted Fruit Juices	Fri - 3/15/2019 Fri - 3/22/2019 Mandarin Chicken Hamburger w/ Trimmings Fiesta Rice Baked Beans Seasoned Cabbage Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk
Mon - 3/25/2019 Chicken Tenders Yeast Roll BBQ Pulled Pork Burger Quick Baked Potato Baked Beans Creamy Coleslaw Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Tue - 3/26/2019 Beef Taco with Soft Shell Pepperoni Pizza Wedge Chef Salad Saltine Crackers Pasta with Italian Red Sauce Whole Kernel Corn Refried Beans Fresh Orange Smiles Assorted Vegetable Juice	Wed - 3/27/2019 Chicken Egg Roll Fiesta Rice Grilled Cheese Sandwich Chef Salad Saltine Crackers Glazed Carrots Seasoned Green Beans Chocolate Chip Cookie Fresh Fruit Bowl	Thu - 3/28/2019 Cheesy Chicken Over/Rice Yeast Roll Hamburger w/ Trimmings Chef Salad Saltine Crackers Crispy Sweet Potato Cubes Lima Beans Sliced Strawberries Assorted Fruit Juices	Fri - 3/29/2019 Cheesy Breadsticks Chicken Nuggets Croissant Tater Tots Cheesy Broccoli Assorted Puddings Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk

Milk, Juice & Fruit variety served daily

This menu is subject to change depending on availability of ingredients and special functions that require a menu change

This institution is an equal opportunity provider

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	621*	600-650	100%	Sugars	39.41* g	25.39%	
Cholesterol	55* mg			Protein	27.43* g	17.67%	
Sodium	1190* mg	1230		Carbohydr	86.98* g	56.04%	
Fiber	5.68* g			Tot. Fat	18.65* g	27.04%	<=30.0%
Iron	3.34* mg			Sat. Fat	5.96* g	8.64%	<10.00%
Calcium	377.55* mg						
Vitamin A	1517* IU						
Vitamin C	41.46* mg						

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**