

# North Pike School District

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 3/4/2019 Chicken Pieces in Honey BBQ Sauce Bacon Cheese Burger Macaroni and Cheese Baby Carrots w/ Dressing Lima Beans Fresh Fruit Bowl Assorted Fruit Juices Veg. Juice Variety Chocolate Milk	Tue - 3/5/2019 Mexican Pizza Buffalo Hot Wings Rolls, Enriched Flour MS13 Chef Salad Saltine Crackers Spicy Fries Green Peas Chocolate Pudding Fresh Fruit Bowl	Wed - 3/6/2019 Spicy Chicken Sandwich BBQ Rib Sandwich Chef Salad Saltine Crackers Crispy Sweet Potato Cubes Black-Eyed Peas Assorted Gelatins Fresh Fruit Bowl Assorted Fruit Juices	Thu - 3/7/2019 Sausage & Pancake on a Stick Sausage and Biscuit Hot Grits Cheese Omelet Hashbrown Potatoes Sliced Strawberries Veg. Juice Variety Assorted Fruit Juices Chocolate Milk	Fri - 3/8/2019 Chili Cheese over Chips Chicken Patty Sandwich Whole Kernel Corn Cheesy Broccoli Choclate Chip Cookie Chilled Peaches Assorted Fruit Juices Chocolate Milk Fat Free Milk
Mon - 3/11/2019 Mon - 3/18/2019	Tue - 3/12/2019 Tue - 3/19/2019	Wed - 3/13/2019 Wed - 3/20/2019	Thu - 3/14/2019 Thu - 3/21/2019	Fri - 3/15/2019 Fri - 3/22/2019
Grilled Chicken Sandwich Chili Dog Baked Beans Cheesy Broccoli Tater Tots Fresh Fruit Bowl Chocolate Pudding Assorted Fruit Juices Chocolate Milk	Stuffed Crust Pizza Chicken Tenders Chef Salad Saltine Crackers Yeast Roll Macaroni and Cheese Spicy Fries Green Peas Brownies	Boneless Buffalo Hot Wings Beef Taco with Soft Shell Baby Carrots w/ Dressing Crinkle Cut Fries Black-Eyed Peas Hot Cinnamon Apples Fresh Fruit Bowl Assorted Fruit Juices Veg. Juice Variety	Cheesy Chicken Over/Rice Yeast Roll Cheeseburger Chef Salad Saltine Crackers Crispy Sweet Potato Cubes Lima Beans Cucumber Sticks W/Dip Fresh Fruit Bowl	BBQ Pulled Pork Burger Mandarin Chicken Stir Fried Rice Cucumber Sticks W/Dip Glazed Carrots Baked Beans Fruit Crisp Fresh Fruit Bowl Assorted Fruit Juices
Mon - 3/25/2019	Tue - 3/26/2019	Wed - 3/27/2019	Thu - 3/28/2019	Fri - 3/29/2019
Cheeseburger Buffalo Hot Wings Green Beans Crispy Sweet Potato Cubes Fruit Crisp Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Stuffed Crust Pizza Grilled Fajita Salad Chicken Patty Sandwich Baked Beans Glazed Carrots Whole Kernel Corn Sliced Strawberries Assorted Fruit Juices Chocolate Milk	Huntington Chicken BBQ Rib Sandwich Chef Salad Saltine Crackers Yeast Roll Oven Baked Potato Wedge Cheesy Broccoli Fresh Fruit Bowl Chocolate Pudding	Meatballs in Marinara Sauce on Hoagie Bun Cheesy Garlic French Bread with Marinara Chef Salad Saltine Crackers Baby Carrots w/ Dressing Crinkle Cut Fries Green Peas Fresh Fruit Bowl Assorted Fruit Juices	Corn Dog Chicken Tenders Chef Salad Saltine Crackers Yeast Roll Whole Kernel Corn Quick Baked Potato Lima Beans Assorted Gelatins with Whipped Topping

Milk, Juice & Fruit variety served daily

This menu is subject to change depending on availability of ingredients and special functions that require a menu change

This institution is an equal opportunity provider

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	767	750-850	100%	Sugars	53.42* g	27.86%	
Cholesterol	68 mg			Protein	32.12 g	16.75%	
Sodium	1394 mg	1420		Carbohyd	109.78 g	57.24%	
Fiber	6.74 g			Tot. Fat	23.27 g	27.29%	<=30.0%
Iron	3.58* mg			Sat. Fat	7.02 g	8.23%	<10.00%
Calcium	445.85* mg						
Vitamin A	1945* IU						
Vitamin C	53.12* mg						

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**