

North Pike School District

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 10/29/2018 Chicken Tenders Yeast Roll BBQ Pulled Pork Burger Quick Baked Potato Baked Beans Creamy Coleslaw Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Tue - 10/30/2018 Meatballs Personal Pan Pizza Chef Salad Saltine Crackers Whole Wheat Garlic Toast Pasta with Italian Red Sauce Whole Kernel Corn Chocolate Chip Cookie Fresh Orange Smiles	Wed - 10/31/2018 Chili Dog Grilled Cheese Sandwich Chef Salad Saltine Crackers Glazed Carrots Seasoned Green Beans Tossed Salad w/ Dressing Assorted Salad Dressings Fresh Fruit Bowl	Thu - 11/1/2018 Cheesy Chicken Over/Rice Yeast Roll Hamburger w/ Trimmings Chef Salad Saltine Crackers Crispy Sweet Potato Cubes Lima Beans Sliced Strawberries Assorted Fruit Juices	Fri - 11/2/2018 Cheesy Breadsticks Chicken Nuggets Croissant Tater Tots Cheesy Broccoli Assorted Puddings Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk
Mon - 11/5/2018 Chicken Pieces in Honey BBQ Sauce Bacon Cheese Burger Crinkle Cut Fries Croissant Seasoned Green Beans Glazed Carrots Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Tue - 11/6/2018 Beefy Nachos Grande Personal Pan Pizza Chef Salad Saltine Crackers Whole Kernel Corn Refried Beans Hot Cinnamon Apples Assorted Fruit Juices Chocolate Milk	Wed - 11/7/2018 Chicken Fajita Wrap Steak Fingers Country Style Gravy Yeast Roll Chef Salad Saltine Crackers Southern Turnip Greens Lima Beans Assorted Puddings	Thu - 11/8/2018 Spaghetti & Meat Sauce Chicken Patty Sandwich Chicken Salad w/Cr Whole Wheat Garlic Toast Green Peas Yam Patties Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Fri - 11/9/2018 Mandarin Chicken Hamburger w/ Trimmings Fiesta Rice Baked Beans Seasoned Cabbage Yam Patties Assorted Fruit Juices Chocolate Milk Fat Free Milk
Mon - 11/12/2018 Chicken Nuggets Buffalo Hot Wings Ham and Turkey on Ciabatta Bread Croissant Seasoned Lima Beans Tossed Salad w/ Dressing Crispy Sweet Potato Cubes Chilled Peaches Assorted Fruit Juices	Tue - 11/13/2018 Vegetable Beef Soup Saltine Crackers Stuffed Crust Pizza Chef Salad Seasoned Green Beans Whole Kernel Corn Cucumber Sticks W/Dip Assorted Puddings	Wed - 11/14/2018 Corn Dog Hamburger w/ Trimmings Chef Salad Saltine Crackers Tater Tots Cheesy Broccoli Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk	Thu - 11/15/2018 Sloppy Joe on Bun Chicken Patty Sandwich Chicken Salad w/Cr Mashed Potatoes Black-Eyed Peas Glazed Carrots Sliced Strawberries Assorted Fruit Juices Chocolate Milk	Fri - 11/16/2018 Fish Nuggets Mexican Burrito Macaroni and Cheese Refried Beans Whole Kernel Corn Brownies Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk
Mon - 11/19/2018 Mon - 11/26/2018	Tue - 11/20/2018 Tue - 11/27/2018	Wed - 11/21/2018 Wed - 11/28/2018	Thu - 11/22/2018 Thu - 11/29/2018	Fri - 11/23/2018 Fri - 11/30/2018
Beef Ravioli Chicken Patty Sandwich Whole Wheat Garlic Toast Crinkle Cut Fries Seasoned Green Beans Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Stuffed Crust Pizza Grilled Chicken Sandwich Chef Salad Saltine Crackers Refried Beans Whole Kernel Corn Fruit Crisp Sliced Strawberries Assorted Fruit Juices	Steak Fingers Yeast Roll Cheeseburger Chef Salad Saltine Crackers Cheesy Broccoli Lima Beans Glazed Carrots Fresh Orange Smiles	BREAKFAST BRIGADE! Sausage & Pancake on a Stick Sausage and Biscuit Hot Grits Cheese Omelet Hashbrown Potatoes Assorted Vegetable Juice Fresh Fruit Bowl Chocolate Milk	Chili Cheese over Chips Ham and Turkey on Ciabatta Bread Crispy Sweet Potato Cubes Whole Kernel Corn Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk Low Fat Milk

Milk, Juice & Fruit variety served daily

This menu is subject to change depending on availability of ingredients and special functions that require a menu change

This institution is an equal opportunity provider

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
	Average	Weekly Target	% of Target	
Calories	616*	600-650	100%	Sugars
Cholesterol	54* mg			Protein
Sodium	1161* mg	1230		Carbohyd
Fiber	5.96* g			Tot. Fat
Iron	3.16* mg			Sat. Fat
Calcium	369.79* mg			
Vitamin A	1582* IU			
Vitamin C	45.19* mg			
				Average
				% of Calories
				Weekly Target
				25.40%
				17.58%
				55.97%
				27.23%
				8.16%
				<=30.0%
				<10.00%

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